

East Cork Athletic Division Track & Field 2016



East Cork Athletics Division

Athletics Association of Ireland
eastcorkathleticsdivision.com

TRACK & FIELD 2016



DAY 1 Sunday, April 10th 2016 Tower Park, Youghal 11.30am

Boys & Girls		Born				
Under 9	08	200m	T Jav			
Under 10	07	300m	LJ			Relay
Under 11	06	600m	T Jav	LJ		
Under 12	05	800m	Shot			Relay
Under 13	04	800m	HJ			
Under 14	03	200m	1500m	Shot		Relay
Under 15	02	200m	1500m	LJ		
Under 16	01	200m	1500m	HJ	Shot	Relay
Ladies u17-u19		200m	1500m	LJ		
Men u19-u19		200m	1500m	Shot		LJ
Ladies over 19		200m	1500m			
Men over 19		1500m	56lb Dist	Shot		
Ladies over 35		1500m				
Ladies over 45		1500m				
Men over 35 & over 45		1500m	56lb Dist			
Mixed Relay u17-u19		(2 female - 2 male)				
Mixed Relay over 19		(2 female - 2male)				
Novelty Events						
Girls & Boys u8 (born 09)		60m	Girls & Boys u7 (born 10)	60m		
Mothers & Fathers		60m				
Note: Events at 11.30 am						
Men o19 - o35 & o45		1500m	Boys U16	HJ		

DAY 2 Sunday, April 24th 2016 CIT Track, Cork 11.30am

Boys & Girls		Born				
Under 9	08	60m	LJ			Relay
Under 10	07	60m	200m	T/Jav		
Under 11	06	80m	300m			Relay
Under 12	05	80m	600m	HJ		
Under 13	04	80m	600m	LJ		Relay
Under 14	03	100m	800m	Jav		
Under 15	02	100m	800m	HJ	Dis	Relay
Under 16	01	100m	800m	LJ	Jav	
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Ladies u17-u19		100m	800m	Shot	HJ	Dis
Men u17-u19		100m	800m	Shot	HJ	Dis
Ladies over 19		100m	800m	LJ		
Men over 19		100m	800m	5000m		LJ
Ladies o35 & o45		100m	800m	LJ		
Men o35 & o45		100m	800m	LJ		
Novelty Events as Day One						
Note: Events at 11.30		Men o19	5000m	Girls u11 & u13	LJ	
Boys u12		HJ	Girls u17-u19	Shot	Girls u10	TJav



Ballynoe Thursday, 28th April
Ladies 3000m (new distance)
Men 5 miles 7.30 pm

TRACK EVENTS: Athletes may go up 1 year for RELAYS ONLY.

Admission Adults €5 Juveniles €2 all pay at gate.

Relays €5 per Team Entry Taken on day

FIELD EVENTS: Athletes may go up 1 year where there is not a Field Event in their own age group over the 2 days

Willie Harte Perpetual Trophy for Best Club under 9 to under 19

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Event Sponsors **IMOKILLY OIL** Middleton Phone 086 8262746

Chairman: Martin Drake 086 2129367

Hon. Sec.: Tim Twomey 024 93078

Hon. Treas.: William O'Mahony 086 8402825

PRO.: Eoin Corcoran 086 8603530