

Results of East Cork XC Championships Day 1 2021

Sunday September 19th 2021



An Athletics Ireland registered event
Organised and hosted by St Catherines AC

Senior Men - 6,000m

Place	Name	Club	Category	Time
1	Tim O'Donogue	East Cork AC	M35	19.23 1st M35
2	Paul Hartnett	East Cork AC	M	20.48
3	James McCarthy	East Cork AC	M35	21.35 2nd M35
4	Nick O'Donoghue	East Cork AC	M	21.46
5	John Hennessy	Midleton AC	M45	22.16 1st M45
6	Donal Giltinan	East Cork AC	M35	22.2 3rd M35
7	Stephen O'Brien	East Cork AC	M35	22.29
8	Keith Kelly	Youghal AC	M35	22.4
9	Willie Walsh	Carraig na bhFear AC	M45	22.44 2nd M45
10	Seamus McSweeney	St. Nicholas AC	M45	23.54 3rd M45
11	Bart Ludka	Ballymore Cobh AC	M	24.19
12	Henry Milward	Midleton AC	M	24.24
13	Declan Dorgan	Midleton AC	M35	25.16
14	Ger O'Regan	Midleton AC	M45	25.24
15	Keith Barry	St. Catherines AC	M45	25.45
16	Darragh O'Keefe	Carraig na bhFear AC	M	26.21
17	St. John O'Connor	St. Nicholas AC	M45	26.25
18	Chris O'Connell	St. Catherines AC	M45	26.26
19	John Mulcahy	St. Catherines AC	M35	26.26
20	Brendan Hickey	St. Catherines AC	M45	26.34
21	Kevin Hayes	St. Catherines AC	M45	26.45
22	Kieran Collins	Youghal AC	M45	27.04
23	Richard Hawkins	Carraig na bhFear AC	M45	27.1
24	David O'Riordan	Carraig na bhFear AC	M45	27.11
25	Don Sheehan	Carraig na bhFear AC	M	27.48
26	Kieran Harte	St. Catherines AC	M45	28.13
27	Maurice Ring	Midleton AC	M35	28.19
28	Liam Colbert	Carraig na bhFear AC	M45	29.52
29	Denis McCarthy	East Cork AC	M45	30.2
30	Kieran Murphy	St. Catherines AC	M35	31.04

Team - Senior

Pts

1	East Cork AC	10
2	Midleton AC	44
3	St. Catherines AC	72
4	Carraig na bhFear AC	84

Team - M35

Pts

1	East Cork AC	20
2	Midleton AC	59

Team - M45

Pts

1 St. Catherines AC	74
2 Carraig na bhFear AC	84

Women - 4,000m

Place	Name	Club	Category	Time
1	Sinead Kevany	Midleton AC	F35	16.17 1st F35
2	Jennifer Goggin Walsh	Carraig na bhFear AC	F35	16.55 2nd F35
3	Eileen Leahy	Midleton AC	F	17.36
4	Sarah Mulcahy	St. Catherines AC	F	17.42
5	Rhona Lynch	Carraig na bhFear AC	F45	18.00 1st F45
6	Siobhan Walsh	Carraig na bhFear AC	F35	18.31 3rd F35
7	Loveness Hegarty	Midleton AC	F35	18.44
8	Avril Crowley	East Cork AC	F45	19.19 2nd F45
9	Margaret O'Regan	Ballymore Cobh AC	F35	19.33
10	Sinead Kearney	Carraig na bhFear AC	F	19.55
11	Ann Geary	St. Catherines AC	F45	20.10 3rd F45
12	Catherine Clancy	St. Catherines AC	F45	20.29
13	Catherine Sheridan	Midleton AC	F35	21.24
14	Jenna Leetch	St. Nicholas AC	F35	21.39

	Team - Senior	Pts
1	Carraig na bhFear AC	23
2	Midleton AC	24
3	St. Catherines AC	50

	Team - F35	Pts
1	Carraig na bhFear AC	13
2	Midleton AC	21
3	St. Catherines AC	37

