

## East Cork Road Championship Results - Thursday April 28th 2022, Ballynoe

The East Cork Road Championships were held in the village of Ballynoe on Thursday the 28th of April 2022. There were 26 in the women's race and 41 in the men's race.

### Women's Race

Pos	Forename	Surname	Category	Club	Time
1	Linda	O'Sullivan	F50	Watergrasshill AC	11.48
2	Vicki	Spiteri	F35	Midleton AC	12.11
3	Eileen	Leahy		Midleton AC	12.19
4	Fiona	O'Donoghue	F35	East Cork AC	12.24
5	Sarah	Morrison	FJ	St. Nicholas AC	12.28
6	Colette	O'Donoghue	F40	Watergrasshill AC	12.38
7	Sarah	Mulcahy		St. Catherines AC	12.40
8	Rhona	Lynch	F45	Carraig na bhFear AC	12.42
9	Niamh	O'Connor	F40	East Cork AC	13.04
10	Gwen	Conroy	F45	Watergrasshill AC	13.11
11	Siobhan	Walsh	F40	Carraig na bhFear AC	13.21
12	Caroline	Geary	F40	Midleton AC	13.23
13	Olive	Kelly	F35	St. Nicholas AC	13.24
14	Lisa	Crowley	F45	Watergrasshill AC	13.28
15	Éadaoin	Giltinan		East Cork AC	13.30
16	Avril	Crowley	F45	East Cork AC	13.34
17	Lorna	O'Brien		East Cork AC	13.52
18	Laura	O'Flynn	F35	St. Catherines AC	14.01
19	Sally	Drennan	F55	Midleton AC	14.05
20	Orlaith	Merritt	FJ	Carraig na bhFear AC	14.09
21	Breda	Lynch	F35	St. Catherines AC	14.16
22	Ciara	Magner	F40	Watergrasshill AC	14.18
23	Claire	O'Brien	F45	East Cork AC	14.49
24	Margaret	Twohig	F55	Midleton AC	16.10
25	Orlaith	Gorman		Carraig na bhFear AC	16.31
26	Celia	O'Regan	F55	Youghal AC	17.36

### Team Results (3 to score outside of top 3)

Pos	Club	1st Runner	2nd Runner	3rd Runner	Total Points
1	East Cork AC	4	9	15	28
2	Watergrasshill AC	6	10	14	30
3	Carraig na bhFear AC	8	11	20	39
4	St. Catherines AC	7	18	21	46
5	Midleton AC	12	19	24	55

## Men's Race

Pos	Forename	Surname	Category	Club	Time
1	Nick	O'Donoghue		East Cork AC	27.09
2	John	Spelman	MJ	Individual	28.47
3	Brendan	Healy	M35	Watergrasshill AC	28.56
4	Timmy	Hawkins	MJ	Carraig na bhFear AC	29.05
5	Tadhg	Crowley	M35	Carraig na bhFear AC	29.06
6	Stephen	O'Brien		East Cork AC	29.08
7	Chris	Kelly		East Cork AC	29.14
8	Seamus	McSweeney	M50	St. Nicholas AC	29.16
9	Willie	Walsh	M45	Carraig na bhFear AC	29.33
10	David	Maher	MJ	Carraig na bhFear AC	29.47
11	Diarmuid	Collins	M35	East Cork AC	30.10
12	David	McCarthy	M35	St. Nicholas AC	30.15
13	Trevor	Geary	M40	St. Catherines AC	31.04
14	Declan	Dorgan	M45	Midleton AC	31.13
15	John	Beecher	M35	St. Catherines AC	31.18
16	Paul	Geary	M40	Midleton AC	31.41
17	Jonathan	Kenneally		St. Catherines AC	31.57
18	Rian	O'Luasa	MJ	Carraig na bhFear AC	33.04
19	Ian	Montgomery	M40	Watergrasshill AC	33.06
20	John	Aherne	M45	Midleton AC	33.12
21	John	Cashman	M55	Midleton AC	33.17
22	St John	O'Connor	M45	St. Nicholas AC	33.54
23	John	Mulcahy		St. Catherines AC	34.55
24	David	O'Riordan	M50	Carraig na bhFear AC	35.33
25	Donal	O'Donoghue	M55	Watergrasshill AC	35.50
26	Micheal	O'Brien	M40	Aghada Running Club	35.53
27	Maurice	Ring	M40	Midleton AC	35.56
28	Kieran	Harte	M55	St. Catherines AC	36.35
29	Sean	Norris	M45	Aghada Running Club	37.23
30	Kieran	Murphy	M45	St. Catherines AC	37.43
31	Liam	Colbert	M50	Carraig na bhFear AC	38.36
32	Denis	McCarthy	M55	East Cork AC	38.51
33	Adam	Blaiklock		St. Catherines AC	39.02
34	George	Bulman	M60	Youghal AC	40.51
35	Dave	McCarthy	M50	Youghal AC	40.51
36	Sylvie	O'Mahony	M65	Youghal AC	40.56
37	Liam	Burns	M50	Youghal AC	41.06
38	Eddie	O'Regan	M60	Youghal AC	41.07
39	Denis	Cronin	M50	Watergrasshill AC	41.46
40	Ruairi	O'Hagan		Watergrasshill AC	43.21
41	Donal	Howard	M60	St. Catherines AC	46.59

### Team Results (4 to score outside of top 3)

Pos	Club	1st Runner	2nd Runner	3rd Runner	4th Runner	Total Points
1	Carraig na bhFear AC	4	5	9	10	28
2	East Cork AC	6	7	11	32	56
3	St. Catherines AC	13	15	17	23	68
4	Midleton AC	14	16	20	21	71
5	Watergrasshill AC	19	25	39	40	123
6	Youghal AC	34	35	36	37	142