

East Cork Athletics Division

WOMEN 3km

Thursday 28 April 2016. 7:30 pm

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race	Race
1	0:12:00	CASHMAN, Evelyn	Youghal AC	F45	06:26.1	337	1
2	0:12:03	SANTRY, Fiona	East Cork AC	F	06:27.7	303	2
3	0:12:28	HOLLAND, Ann-Marie	Youghal AC	F40	06:41.1	306	3
4	0:12:55	LEAHY, Eileen	Midleton AC	F	06:55.6	307	4
5	0:12:57	O'NEILL, Eadaoin	East Cork AC	F	06:56.7	314	5
6	0:13:14	MURPHY, Esther	Midleton AC	F40	07:05.8	324	6
7	0:13:42	BARRY, Sara	St. Catherines AC	FJ	07:20.8	477	7
8	0:13:49	BARRY, Louise	Midleton AC	F35	07:24.6	320	8
9	0:14:11	HAYES, Caoimhe	St. Catherines AC	FJ	07:36.4	311	9
10	0:14:13	EVANS, Aoife	Midleton AC	F	07:37.4	332	10
11	0:14:30	CLANCY, Catherine	St. Catherines AC	F45	07:46.6	301	11
12	0:14:30	CLEARY, Eibhlin	East Cork AC	F	07:46.6	327	12
13	0:14:31	POWER, Esther	unatt/Ballynoe	F	07:47.1	339	13
14	0:14:46	DOLPHIN, Rayleen	Midleton AC	F	07:55.1	333	14
15	0:14:57	BRANSFIELD, Gillian	Midleton AC	F35	08:01.0	310	15
16	0:15:05	AHERN, Michelle	East Cork AC	F	08:05.3	313	16
17	0:15:13	MURPHY, Siobhan	Midleton AC	F40	08:09.6	338	17
18	0:15:17	PERRY, Anne-Marie	Midleton AC	F40	08:11.8	476	18
19	0:15:20	TWOHIG, Margaret	Midleton AC	F45	08:13.4	309	19
20	0:15:22	O'REGAN, Celia	Youghal AC	F50	08:14.5	341	20
21	0:15:23	TWOMEY, Bernie	Midleton AC	F40	08:15.0	335	21
22	0:15:31	NOONAN, Claire	Carraig na bhFear AC	FJ	08:19.3	329	22
23	0:15:42	CONNOLLY, Edel	Carraig na bhFear AC	F	08:25.2	474	23
24	0:15:46	LEATCH, Jenna	St. Nicholas AC	F35	08:27.3	340	24
25	0:15:51	PARKER, Claire	Midleton AC	F35	08:30.0	336	25
26	0:16:17	HAYES, Emer	Midleton AC	F45	08:44.0	319	26
27	0:17:10	CONNOLLY, Norma	Carraig na bhFear AC	F	09:12.4	475	27
28	0:19:22	COONEY, Siobhan	Youghal AC	F50	10:23.2	343	28
29	0:19:29	MCCARTHY, Joan	Midleton AC	F55	10:26.9	308	29
30	0:19:55	PATTERSON, Noreen	St. Nicholas AC	F45	10:40.9	317	30
31	0:20:08	PATTERSON, Liz	St. Nicholas AC	F50	10:47.8	316	31

There were 31 finishers in the All Competitors category.

Women's Team

Three to score, outside first three individuals

Pos	Club	Points	Scorers
1	Midleton AC	18	4, 6, 8
2	St Catherines AC	27	7, 9, 11
3	East Cork AC	33	(5, 12, 16)

East Cork Athletics Division

MEN 5-Mile

Thursday 28 April 2016. 8:00 pm

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race	Race
1	0:25:34	MCCARTHY, James	East Cork AC	M	05:06.7	76	1
2	0:27:28	MCGRATH, Sean	East Cork AC	M	05:29.5	77	2
3	0:28:27	HAYES, Frank	East Cork AC	M45	05:41.3	83	3
4	0:29:06	BYRNE, Michael	St. Catherines AC	M	05:49.1	41	4
5	0:29:14	HENNESSY, John	East Cork AC	M45	05:50.7	34	5
6	0:29:41	TIERNEY, Conor	East Cork AC	M	05:56.1	5	6
7	0:29:55	SHEEHAN, Nigel	Youghal AC	M	05:58.9	91	7
8	0:29:59	CROWLEY, Bryan	Watergrasshill AC	M40	05:59.7	44	8
9	0:30:11	BEECHER, John	St. Catherines AC	M	06:02.1	43	9
10	0:30:46	MOYNIHAN, David	Midleton AC	M	06:09.1	24	10
11	0:31:05	SPITERI, Paul	Midleton AC	M	06:12.9	88	11
12	0:31:10	CARR, Alan	St. Catherines AC	M	06:13.9	15	12
13	0:31:11	COLEMAN, Brendan	Youghal AC	M	06:14.1	100	13
14	0:31:27	CURTIN, Noel	Youghal AC	M50	06:17.3	73	14
15	0:31:47	HAYES, Kevin	St. Catherines AC	M40	06:21.3	12	15
16	0:32:00	CASHMAN, Edwin	Midleton AC	M	06:23.9	35	16
17	0:32:04	MCCARTHY, Eugene	Midleton AC	M45	06:24.7	94	17
18	0:32:19	LANDERS, Brian	Youghal AC	M40	06:27.7	99	18
19	0:32:27	HANNON, Tim	Midleton AC	M	06:29.3	85	19
20	0:32:34	KELLEHER, Jerry	Youghal AC	M	06:30.7	487	20
21	0:32:36	O'SULLIVAN, Sean	Midleton AC	M45	06:31.1	57	21
22	0:32:42	HENNESSY, Tom	Youghal AC	M50	06:32.3	23	22
23	0:32:44	KEARNEY, Shane	St. Nicholas AC CATHERINES	M	06:32.7	69	23
24	0:32:59	BRODKORB, Andre	Midleton AC	M45	06:35.7	84	24
25	0:33:03	MCDONALD, Don	Midleton AC	M	06:36.5	79	25
26	0:33:12	O'CONNELL, Chris	St. Catherines AC	M40	06:38.3	61	26
27	0:33:13	MCCARTHY, Denis	East Cork AC	M50	06:38.5	3	27
28	0:33:17	AHERN, Derek	Midleton AC	M	06:39.3	82	28
29	0:33:19	O'LEARY, Ted	West Waterford AC	M45	06:39.7	70	29
30	0:33:40	HARNEY, Ken	Youghal AC	M45	06:43.9	16	30
31	0:33:55	DORGAN, Declan	Midleton AC	M	06:46.9	478	31
32	0:33:58	DALY, Michael	Carraig na bhFear AC	M40	06:47.5	59	32
33	0:34:05	O'KEEFE, Bill	St. Catherines AC	M50	06:48.9	51	33
34	0:34:09	BARRY, Alan	unatt/Kildian	M40	06:49.7	78	34
35	0:34:22	WALSH, Mark	Midleton AC	M55	06:52.3	47	35
36	0:34:44	O'REGAN, Ger	Midleton AC	M45	06:56.7	27	36
37	0:34:52	MOLONEY, Dave	Midleton AC	M	06:58.3	93	37
38	0:35:38	HESSION, Patrick	Carraig na bhFear AC	M40	07:07.4	32	38
39	0:35:40	MULCAHY, John	St. Catherines AC	M	07:07.8	488	39
40	0:35:56	HICKEY, Brendan	St. Catherines AC	M	07:11.0	68	40
41	0:36:01	O'REGAN, Eddie	Youghal AC	M55	07:12.0	74	41
42	0:36:10	MCCARTHY, David	Youghal AC	M50	07:13.8	49	42
43	0:36:13	MCGUINNESS, Paul	St. Catherines AC	M40	07:14.4	62	43
44	0:36:15	WILLIAMS, Barry	Midleton AC	M50	07:14.8	46	44
45	0:36:59	O'DONOGHUE, Donal	unatt/Little Island	M45	07:23.6	486	45
46	0:37:03	NOONAN, Paul	Carraig na bhFear AC	M45	07:24.4	31	46
47	0:37:16	O'CONNELL, Paul	St. Catherines AC	M	07:27.0	52	47
48	0:37:21	BULMAN, George	Youghal AC	M55	07:28.0	64	48
49	0:37:22	LEDINGHAM, Dermot	Youghal AC	M50	07:28.2	48	49
50	0:37:50	MCCAUL, Tom	Youghal AC	M45	07:33.8	86	50
51	0:37:51	BARRY, Aidan	St. Catherines AC	M45	07:34.0	97	51
52	0:37:58	O'BRIEN, Donal	St. Nicholas AC	M60	07:35.4	7	52
53	0:38:17	O'CONNOR, St John	St. Nicholas AC	M	07:39.2	13	53
54	0:38:21	HAMILL, Robert	Youghal AC	M40	07:40.0	6	54
55	0:38:25	HARTE, Kieran	St. Catherines AC	M45	07:40.8	45	55
56	0:38:36	DRISLANE, John	St. Nicholas AC	M	07:43.0	8	56
57	0:38:46	O'MAHONY, Sylvie	Youghal AC	M60	07:45.0	66	57

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

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INTER CLUB

- ① St Catherines → 4, 9, 12, 15 = 40
- ② Youghal → 7, 13, 14, 18 = 52
- ③ Midleton → 10, 11, 16, 17 = 54

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
58	0:40:26	BUCKLEY, Michael	Youghal AC	M45	08:05.0	54	58
59	0:41:05	BURKE, Ger	St. Nicholas AC	M	08:12.8	10	59
60	0:41:46	WALSHE, John	East Cork AC	M60	08:21.0	4	60
61	0:43:53	CONSTANT, Kerry	unatt/Cork	M60	08:46.4	18	61
62	0:55:49	KEARNEY, Bartholomew	Leevale AC	M55	11:09.6	50	62

There were 62 finishers in the All Competitors category.