

East Cork Athletics Division Junior, Senior and Masters Track & Field, Tuesday June 21st 2022, Carraig na bhFear

Sprints						
100m						
Event	Cat	Pos	Forename	Surname	Club	
Event 100m	Cat Junior Women	1	Lily	O'Riordan	Carraig na bhFear AC	
		2	Isobel	O'Meara	Carraig na bhFear AC	
		3	Caoimhe	Geoghegan	Carraig na bhFear AC	
Event 100m	Cat Junior Men	1	Ruaidhri	Boyle	Carraig na bhFear AC	
		2	Cathal	Whooley	Carraig na bhFear AC	
		3	Timmy	Colbert	Carraig na bhFear AC	
Event 100m	Cat Senior Women	1	Katie	Walsh	Carraig na bhFear AC	
		2	Orla	Coffey	Carraig na bhFear AC	
		3	Cliona	Martin	Carraig na bhFear AC	
Event 100m	Cat Senior Men	1	Ciaran	Nugent	Carraig na bhFear AC	
		2	Ruaidhri	Boyle	Carraig na bhFear AC	
		3	Don	Sheahan	Carraig na bhFear AC	
Event 100m	Cat Master Women O35	1	Aine	O'Regan	St. Catherines AC	
		2	Eileen	O'Riordan	Carraig na bhFear AC	
		3	Jenny	Costa	Ballymore Cobh AC	
Event 100m	Cat Master Women O45	1	Kamila	Jakuboska-Switaj	Fota Island Running Club	
		2	Olwyn	Post	Fota Island Running Club	
		3	Seanna	Boyle	Carraig na bhFear AC	
Event 100m	Cat Master Men O45	1	Robert	Boyle	Carraig na bhFear AC	
		2	Dave	O'Riordan	Carraig na bhFear AC	
		3	Steve	Palmer	Fota Island Running Club	
300m						
Event 300m	Cat Junior Women	Pos	Forename	Surname	Club	Time
		1	Isobel	O'Meara	Carraig na bhFear AC	45.5
		2	Aine	Sheridan	Carraig na bhFear AC	47.0
Event 300m	Cat Junior Men	3	Lily	O'Riordan	Carraig na bhFear AC	48.7
		Pos	Forename	Surname	Club	Time
		1	Ruaidhri	Boyle	Carraig na bhFear AC	38.0
		2	Cathal	Whooley	Carraig na bhFear AC	40.4
		3	Timmy	Colbert	Carraig na bhFear AC	41.4
Event 300m	Cat Senior Women	4	David	Maher	Carraig na bhFear AC	42.3
		5	Timmy	Hawkins	Carraig na bhFear AC	44.4
		Pos	Forename	Surname	Club	Time
1	Katie	Walsh	Carraig na bhFear AC	44.4		
Event 300m	Cat Senior Men	2	Orla	Coffey	Carraig na bhFear AC	45.9
		3	Cliona	Martin	Carraig na bhFear AC	54.6
Event 300m	Cat Master Women O35	Pos	Forename	Surname	Club	Time
		1	Jenny	Costa	Ballymore Cobh AC	61.6
Event 300m	Cat Master Women O45	2	Clare	Forde	Fota Island Running Club	71.5
		Pos	Forename	Surname	Club	Time
		1	Sinead	Daly	Ballymore Cobh AC	55.9
		2	Kamila	Jakuboska-Switaj	Fota Island Running Club	58.5
Event 300m	Cat Master Men O35	3	Helen	Gilroy	Midleton AC	62.1
		4	Rachel	O'Callaghan	Carraig na bhFear AC	63.3
		Pos	Forename	Surname	Club	Time
1	Stephen	O'Brien	East Cork AC	45.9		
Event 300m	Cat Master Men O45	2	Gerard	Crowley	Fota Island Running Club	49.6
		Pos	Forename	Surname	Club	Time
		1	Don	Sheahan	Carraig na bhFear AC	45.6
		2	Robert	Boyle	Carraig na bhFear AC	47.4
Event 300m	Cat Master Men O45	3	Mick	Murphy	Midleton AC	47.9
		4	David	O'Riordan	Carraig na bhFear AC	48.8

East Cork Athletics Division Junior, Senior and Masters Track & Field, Tuesday June 21st 2022, Carraig na bhFear

5	Steve	Palmer	Fota Island Running Club	49.3
6	Tony	Dunne	Carraig na bhFear AC	50.0
7	Richard	Hawkins	Carraig na bhFear AC	52.7
8	Barry	Drennan	Midleton AC	67.8

Middle Distance

1500m

Event	Cat	Pos	Forename	Surname	Club	Time
1500m	Junior Women	1	Emma	Landers	Youghal AC	4.58.7
		2	Orlaith	Merritt	Carraig na bhFear AC	6.06.1

Event	Cat	Pos	Forename	Surname	Club	Time
1500m	Junior Men	1	Aidan	Maher	Carraig na bhFear AC	4.33.5
		2	Timmy	Hawkins	Carraig na bhFear AC	4.38.2
		3	Cathal	Whooley	Carraig na bhFear AC	4.45.1
		4	Bobby	O'Riordan	Carraig na bhFear AC	5.10.3
		5	Luke	Mullins	Carraig na bhFear AC	5.34.9
		6	Michael	Mullins	Carraig na bhFear AC	5.47.9

Event	Cat	Pos	Forename	Surname	Club	Time
1500m	Senior Men	1	Tony	Forristal	Midleton AC	4.42.1

Event	Cat	Pos	Forename	Surname	Club	Time
1500m	Master Women O35	1	Eileen	O'Riordan	Carraig na bhFear AC	6.18.2
		2	Jenny	Costa	Ballymore Cobh AC	6.34.8
		3	Orla	Gorman	Carraig na bhFear AC	6.43.1

Event	Cat	Pos	Forename	Surname	Club	Time
1500m	Master Women O45	1	Helen	Gilroy	Midleton AC	6.08.4
		2	Sinead	Daly	Ballymore Cobh AC	6.12.3
		3	Helen	Roche	Carraig na bhFear AC	6.30.5
		4	Rachel	O'Callaghan	Carraig na bhFear AC	7.10.7
		5	Seanna	Boyle	Carraig na bhFear AC	7.14.1

Event	Cat	Pos	Forename	Surname	Club	Time
1500m	Master Men O35	1	Donal	Giltinan	East Cork AC	4.37.1
		2	Stephen	O'Brien	East Cork AC	4.38.6
		3	Keith	Kelly	Youghal AC	4.45.3

Event	Cat	Pos	Forename	Surname	Club	Time
1500m	Master Men O45	1	John	Hennessy	Midleton AC	4.39.3
		2	Seamus	McSweeney	St. Nicholas AC	4.53.5
		3	Shane	Myler	Ballymore Cobh AC	5.03.9
		4	Declan	Dorgan	Midleton AC	5.15.4
		5	Ger	O'Regan	Midleton AC	5.27.3
		6	Terry	Murphy	Ballymore Cobh AC	5.32.0
		7	Richard	Hawkins	Carraig na bhFear AC	5.33.9

3000m

Event	Cat	Pos	Forename	Surname	Club	Time
3000m	Junior Women	1	Rebecca	Kelleher	Carraig na bhFear AC	11.58.2

Event	Cat	Pos	Forename	Surname	Club	Time
3000m	Junior Men	1	David	Maher	Carraig na bhFear AC	9.59.5
		2	Rian	O'Luasa	Carraig na bhFear AC	11.09.1

Event	Cat	Pos	Forename	Surname	Club	Time
3000m	Senior Women	1	Eileen	Leahy	Midleton AC	12.09.2
		2	Annelise	Hutch	East Cork AC	12.16.9
		3	Eadaoin	Giltinan	East Cork AC	12.29.5

Event	Cat	Pos	Forename	Surname	Club	Time
3000m	Senior Men	1	Daire	O'Sullivan	Carraig na bhFear AC	9.46.4
		2	Nick	O'Donoghue	East Cork AC	9.52.6
		3	Tony	Forristal	Midleton AC	10.03.8

Event	Cat	Pos	Forename	Surname	Club	Time
3000m	Master Women O35	1	Siobhan	Walsh	Carraig na bhFear AC	12.51.6

Event	Cat	Pos	Forename	Surname	Club	Time
3000m	Master Men O35	1	Donal	Giltinan	East Cork AC	10.10.6

Event	Cat	Pos	Forename	Surname	Club	Time
3000m	Master Men O45	1	Willie	Walsh	Carraig na bhFear AC	10.04.4
		2	Seamus	McSweeney	St. Nicholas AC	10.38.4
		3	Declan	Dorgan	Midleton AC	11.08.9
		4	John	Ahern	Carraig na bhFear AC	11.10.8
		5	Shane	Myler	Ballymore Cobh AC	11.14.4

East Cork Athletics Division Junior, Senior and Masters Track & Field, Tuesday June 21st 2022, Carraig na bhFear

6	Tony	Dunne	Carraig na bhFear AC	11.31.6
7	Ger	O'Regan	Midleton AC	11.39.6
8	Donal	O'Keeffe	Carraig na bhFear AC	11.52.9
9	Liam	Colbert	Carraig na bhFear AC	13.34.9
10	Denis	McCarthy	East Cork AC	14.47.9

Mixed Relay

Event	Cat	Pos	Club	Time
4 x 300m Mixed Relay	All	1	Carraig na bhFear AC (A)	2.52.6
		2	Carraig na bhFear AC (B)	2.54.3
		3	Carraig na bhFear AC (C)	3.03.8
		4	East Cork AC	3.29.3
		5	Midleton AC	3.38.6
		6	Fota Island Running Club	3.50.4
		7	Ballymore Cobh AC	4.05.0