

Timetable for League R2

Track			Field		Team
11:00	100mH	Women	10:30	Hammer	Men 1
11:15	110mH	Men	11:00	Long Jump	Men 2
11:30	1500mW	Women	11:00	High Jump	Women 4
11:45	3000mW	Men	11:00	Pole Vault	Men 5
12:05	400mH	Women	11:30	Shot Put	Men 3
12:20	400mH	Men	11:30	Hammer	Women 1
12:35	4x100m	Women	12:30	Discus	Men 1
12:50	4x100m	Men	12:30	Long Jump	Women 2
13:05	1500m	Women	12:30	Shot Put	Women 3
13:20	1500m	Men	13:00	High Jump	Men 4
13:35	400m	Women	13:00	Pole Vault	Women 5
13:50	400m	Men	13:30	Discus	Women 1
14:05	3000m	Women	14:15	Triple Jum	Men 2
14:25	3000m SC	Men	14:15	Weight 28	Men 3
14:45	200m	Women	14:30	Javelin	Women 4
15:00	200m	Men	15:30	Javelin	Men 4
15:15	800m	Women	15:30	Triple Jum	Women 2
15:30	800m	Men	15:30	Weight 56	Women 3
15:45	5000m	Men			
16:05	3000m SC	Women			
16:25	100m	Women			
16:40	100m	Men			
16:55	4x400m	Women			
17:10	4x400m	Men			