

# BALLYCOTTON RUNNING PROMOTIONS

## EAST CORK

## ROAD

WOMEN 2000M

### BALLYNOE - APRIL 12TH '96

POS.	NAME	CLUB / AREA	CAT.	TIME
1	HELEN O'CALLAGHAN	EAST CORK AC		7:28
2	PATRICIA DORGAN	CARRIGNAVAR AC		7:29
3	CLAIRE LEAHY	CARRIGNAVAR AC		7:58
4	FRANKIE DEVLIN	MIDLETON AC	F35	8:44
5	ALICE COTTER	CARRIGNAVAR AC		8:55
6	MARIE SHERLOCK	CARRIGNAVAR AC		9:12
7	KATHLEEN O'BRIEN	BALLYNOE	F35	9:16
8	CLAIRE LYNCH	CARRIGNAVAR AC		10:21
9	KATHLEEN O'CONNELL	MIDLETON AC AC	F35	10:24
10				:
11				:
12				:
13				:
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29				:
30				:

Team Positions

1. Carraig na bhFear AC 10 pts



# BALLYCOTTON RUNNING PROMOTIONS

## EAST CORK

## ROAD

MEN 5 MILES

### BALLYNOE - APRIL 12TH '96

POS.	NAME	CLUB / AREA	CAT.	TIME
1	DENIS MCCARTHY	EAST CORK AC		27:19
2	ERIC MEADE	EAST CORK AC		27:40
3	MARTIN DRAKE	EAST CORK AC		27:54
4	FRANK CASHMAN	EAST CORK AC	M40	28:29
5	PAUL PARKER	BALLYMOKE-COON AC	NOVICE	28:48
6	TIM TWOMEY	EAST CORK AC	M40	29:02
7	JOHN WALSH	EAST CORK AC	M40	30:26
8	EAMON O'NEILL	MIDLETON AC	NOVICE	31:16
9	MICHAEL DOUGAN	CARRIGNAVAR AC	MJ	33:00
10	DONIE O'CONNELL	MIDLETON AC	M40	34:41
11	JIM MCNULTY	MIDLETON AC	M40	35:47
12	WILLIE O'MAHONY	MIDLETON AC	M40	36:41
13	DAVID NOLAN	CARRIGNAVAR AC	MJ	37:48
14	MICHAEL-PAUL LYNCH	BALLYNOE	M40	38:05
15	JOHN COLLINS	CARRIGNAVAR AC	MJ	39:05
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30				:

Team Positions (Excluding Winner, 1st Novice, 1st Master and Junior)

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|-----------------|--------|
| 1. East Cork AC | 11 pts |
| 2. Midleton AC  | 29 pts |