

Order of Events: Please note this is for guidance only. Events may run ahead / behind schedule. E.g Sprints are listed as starting at 12:30, however if we are running ahead of schedule, the start time will be brought forward.

Time	Field Events		Time	Track Events
	Long Jump	Shot Put		
10:30 to 11:30	U11 B & G	U13 B & G	10:30 to 12:30	Middle Distance 800m U17 - U 19 B & G 800m U16 B & G 800m U15 B & G 800m U14 B & G 600m U13 B & G 600m U12 B & G 300m U11 B & G 300m U10 B & G 300m U9 B & G
11:30 to 12:30	U 12 B & G	U15 B & G		
12:30 to 16:00	continue with U14 B & G U15 B & G U16 B & G U17 - U19 B & G U13 B & G		12:30 to 14:30	Sprints 60m U9 B & G Heats 60m U10 B & G Heats 80m U11 B & G Heats 80m U12 B & G Heats 80m U13 B & G Heats U9 to U13 Finals 100m U14 B & G Heats 100m U15 B & G Heats 100m U16 B & G Heats 100m U17 - U 19 B & G Heats U14 to U17-19 Finals
			14:30 to 16:00	Novelty Events Relays