



**EAST CORK ATHLETICS DIVISION**  
eastcorkathleticsdivision.com

**ROAD CHAMPIONSHIP 2024**

at Ballynoe - Thursday, April 25th 2024

**Ladies Race Starts at 7.15pm followed immediately after by Men**

Race Distances: Ladies: 3 Km; Men: 5 Miles

MEDALS: 1st, 2nd, 3rd Individual

Team Event: Men: 1st, 2nd, 3rd Teams (4 to score) outside top 3  
Ladies: 1st, 2nd, 3rd Teams (3 to score) outside top 3

Entry Fee. €5.00 pay on the night.

Entries are **confined** to athletes that are members of clubs affiliated to the East Cork Athletics Division.