

East Cork Division Road Championships, Ballynoe Thursday 25th April 2024

Women's 3K

Pos	Forename	Surname	Category	Club	Time
1	Tamzin	Muldowney		East Cork AC	11.51
2	Sarah	Mulcahy		St. Catherines AC	11.59
3	Linda	O'Sullivan	F50	Watergrasshill AC	12.26
4	Faye	O'Riordan		Carraig na bhFear AC	12.27
5	Delisha	Duran		Midleton AC	12.39
6	Niamh	O'Connor	F40	East Cork AC	12.44
7	Aileen	O'Mahony	F35	Watergrasshill AC	12.48
8	Lisa	Crowley	F50	Watergrasshill AC	12.51
9	Christine	Kelly	F35	East Cork AC	12.54
10	Eileen	Leahy		Midleton AC	12.57
11	Siobhan	Walsh	F40	Carraig na bhFear AC	12.59
12	Avril	Crowley	F50	East Cork AC	12.59
13	Sinead	Falvey	F40	Midleton AC	13.07
14	Caroline	Geary	F45	Midleton AC	13.13
15	Sarah	Treacy	F35	Watergrasshill AC	13.18
16	Cliona	Lynch		Carraig na bhFear AC	13.20
17	Laura	Moore		Carraig na bhFear AC	13.27
18	Orla	Coffey		Carraig na bhFear AC	13.32
19	Sarah	Forristal		East Cork AC	13.33
20	Breda	Lynch	F35	St. Catherines AC	13.35
21	Gwen	Conroy	F45	Watergrasshill AC	13.38
22	Ciara	Magner	F40	Watergrasshill AC	13.59
23	Sinead	Fitzgerald	F45	Aghada Running Club	14.16
24	Orlaith	Merritt		Carraig na bhFear AC	14.29
25	Janet	O'Reilly	F40	Aghada Running Club	14.34
26	Natalie	O'Connell		Midleton AC	15.00
27	Melanie	Etienne		Midleton AC	15.19
28	Brigid	Ryan		Midleton AC	15.23
29	Eleanor	Duggan	F55	Aghada Running Club	15.35
30	Eibhlin	Cleary	F35	East Cork AC	17.23
31	Celia	O'Regan	F55	Youghal AC	18.28
32	Joan	McCarthy	F65	Midleton AC	21.00

Team Results ((3 to score outside of top 3))

Pos	Club	1st Runner	2nd Runner	3rd Runner	Total Points
1	East Cork AC	6	9	12	27
2	Midleton AC	5	10	13	28
3	Watergrasshill AC	7	8	15	30
4	Carraig na bhFear AC	4	11	16	31
5	Aghada Running Club	23	25	29	77

Men's 5 Mile

Pos	Forename	Surname	Category	Club	Time
1	Tony	Forristal		East Cork AC	26.34
2	James	McCarthy		East Cork AC	27.46
3	Graham	Swords	M40	East Cork AC	28.48
4	Timmy	Hawkins		Carraig na bhFear AC	28.49
5	Donal	Giltinan	M40	East Cork AC	28.50
6	Paul	Cashman	M45	Watergrasshill AC	29.29
7	Michael	Furlong		East Cork AC	29.41
8	Darren	Aherne	M40	Midleton AC	29.56
9	Michael	Byrne	M40	St. Catherines AC	30.02
10	Tadhg	Crowley	M40	Carraig na bhFear AC	30.13
11	Joseph	Daly		Carraig na bhFear AC	30.17
12	Brian	Hawkins		Carraig na bhFear AC	30.23
13	David	O'Connor		St. Catherines AC	30.47
14	Darragh	O'Keeffe		Carraig na bhFear AC	31.08
15	Willie	Walsh	M45	Carraig na bhFear AC	31.19
16	Oliver	Smiddy	M45	East Cork AC	31.48
17	Derek	Aherne	M45	Midleton AC	32.56
18	Stephen	Collins	M35	St. Catherines AC	33.21
19	Chris	O'Connell	M45	St. Catherines AC	33.24
20	Ian	Montgomery	M40	Watergrasshill AC	33.34
21	Declan	Dorgan	M45	Midleton AC	33.59
22	Peter	Hawkins		Carraig na bhFear AC	34.18
23	Brendan	Coughlan	M45	Watergrasshill AC	34.48
24	Richard	Hawkins	M55	Carraig na bhFear AC	34.59
25	John	Mulcahy		St. Catherines AC	35.39
26	Donal	O'Donoghue	M55	Watergrasshill AC	37.12
27	Dave	Mullins	M50	Carraig na bhFear AC	37.57
28	David	O'Roidan	M55	Carraig na bhFear AC	37.57
29	David	Kilgannon	M50	Youghal AC	38.26
30	Ian	Murphy	M55	Youghal AC	38.26
31	Dan	Twohig	M45	Midleton AC	38.58
32	Steve	Palmer	M50	Fota Island Running Clu	39.13
33	Eddie	O'Regan	M65	Youghal AC	39.21
34	Evan	Sheehan		St. Catherines AC	40.05
35	Sylvie	O'Mahony	M65	Youghal AC	41.32
36	Brian	Landers	M50	Youghal AC	41.33
37	Liam	Burns	M55	Youghal AC	41.33
38	Denis	McCarthy	M60	East Cork AC	45.18
39	Anto	Golden	M40	Watergrasshill AC	45.41

Team Results (4 to score outside of top 3)

Pos	Club	1st Runner	2nd Runner	3rd Runner	4th Runner	Total Points
1	Carraig na bhFear AC	4	10	11	12	37
2	St. Catherines AC	9	13	18	19	59
3	East Cork AC	5	7	16	38	66
4	Watergrasshill AC	6	20	23	26	75
5	Midleton AC	8	17	21	31	77
6	Youghal AC	29	30	33	35	127