



EAST CORK ATHLETICS DIVISION
eastcorkathleticsdivision.com

East Cork Division Road Championships Ballynoe 24th April 2025

Women's 3K

Pos	Forename	Surname	Category	Club	Time
1	Tamzin	Muldowney	F	East Cork AC	11.34
2	Sinead	Falvey	F	Midleton AC	12.21
3	Linda	O'Sullivan	F	Watergrasshill AC	12.24
4	Faye	O'Riordan	F	Carraig Na Bhfear AC	12.28
5	Dee	Duran	F	Midleton AC	12.43
6	Kathleen	Ryan	F	Midleton AC	12.53
7	Laura	Moore	F	Carraig Na Bhfear AC	13.04
8	Colette	O'Donoghue	F	Watergrasshill AC	13.08
9	Deirdre	Ansbro	F	Youghal AC	13.14
10	Siobhan	Walsh	F	Carraig Na Bhfear AC	13.28
11	Eileen	Leahy	F	Midleton AC	13.43
12	Ann Marie	Holland	F	Youghal AC	14.00
13	Leona	Browne	F	Watergrasshill AC	14.24
14	Orlaith	Merritt	F	Carraig Na Bhfear AC	14.32
15	Ciara	Magner	F	Watergrasshill AC	14.38
16	Claire	O'Brien	F	Watergrasshill AC	14.53
17	Lorna	O'Brien	F	East Cork AC	15.07
18	Brigid	Ryan	F	Midleton AC	15.23
19	Claire	Fitzgerald	F	Midleton AC	15.53
20	Christine	Murphy	F	Midleton AC	16.06
21	Faye	Wright	F	Watergrasshill AC	16.46

Team Results ((3 to score outside of top 3))

Pos	Club	1st Runner	2nd Runner	3rd Runner	Total Points
1	Carraig na bhFear AC	4	7	10	21
2	Midleton AC	5	6	11	22
3	Watergrasshill AC	8	13	15	36



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Men's 5 Mile

Pos	Forename	Surname	Category	Club	Time
1	Tony	Forristal	M	East Cork AC	26.11
2	Nick	O'Donoghue	M	East Cork AC	26.52
3	Diarmuid	Collins	M	East Cork AC	28.13
4	Brian	Harty	M	East Cork AC	28.19
5	Donal	Giltinan	M	East Cork AC	28.38
6	Paul	Cashman	M	Watergrasshill AC	28.53
7	David	Maher	M	Carraig Na Bhfear AC	29.16
8	Tadhg	Crowley	M	Carraig Na Bhfear AC	29.33
9	Brian	Hawkins	M	Carraig Na Bhfear AC	29.55
10	Graham	Cummins	M	Watergrasshill AC	30.01
11	Peter	Hawkins	M	Carraig Na Bhfear AC	30.24
12	Mark	Cronin	M	Midleton AC	31.24
13	Jonathon	Kenneally	M	St. Catherines AC	31.31
14	Gerard	Geary	M	Fota Island AC	32.06
15	John	Hennessy	M	Midleton AC	33.18
16	David	Yelverton	M	Watergrasshill AC	33.28
17	Brian	Landers	M	Youghal AC	33.36
18	Kieran	Curtin	M	Midleton AC	33.40
19	Declan	Dorgan	M	Midleton AC	33.43
20	Maurice	Walsh	M	Youghal AC	33.53
21	Conor	Kelly	M	Carraig Na Bhfear AC	34.31
22	Ed	Dunphy	M	Watergrasshill AC	34.42
23	Bill	O'Keefe	M	St. Catherines AC	35.14
24	John	Mulcahy	M	St. Catherines AC	36.08
25	Shane	Greene	M	Youghal AC	36.20
26	Ian	Murphy	M	Youghal AC	36.22
27	Paul	McFarland	M	Youghal AC	36.22
28	Mairtin	Neylon	M	Midleton AC	36.29
29	Kieran	Harte	M	St. Catherines AC	36.30
30	David	Kilgannon	M	Youghal AC	36.56
31	Leonard	Healy	M	Midleton AC	37.41
32	Anthony	Sheehan	M	Youghal AC	38.10
33	David	Curtin	M	Midleton AC	38.23
34	Donal	O'Donoghue	M	Watergrasshill AC	39.36
35	Eddie	O'Regan	M	Youghal AC	40.06
36	Ruairi	O'Hagan	M	Watergrasshill AC	40.10
37	Conor	Goulding	M	Youghal AC	44.46
38	Denis	Cronin	M	Watergrasshill AC	45.29
39	Denis	McCarthy	M	East Cork AC	48.49

Team Results (4 to score outside of top 3)

Pos	Club	1st Runner	2nd Runner	3rd Runner	4th Runner	Total Points
1	Carraig na bhFear AC	7	8	9	11	35
2	Watergrasshill AC	6	10	16	22	54
3	Midleton AC	12	15	18	19	64
4	Youghal AC	17	20	25	26	88
5	St. Catherines AC	13	23	24	29	89