



EAST CORK ATHLETICS DIVISION
eastcorkathleticsdivision.com

ROAD CHAMPIONSHIP 2026

at Ballynoe - Thursday, April 9th 2026

Ladies Race Starts at 7.15pm followed immediately after by Men

Race Distances: Ladies: 3 Km; Men: 5 Miles

MEDALS: 1st, 2nd, 3rd Individual

Team Event: Men: 1st, 2nd, 3rd Teams (4 to score) outside top 3
Ladies: 1st, 2nd, 3rd Teams (3 to score) outside top 3

Entry Fee. €5.00 pay on the night.

Entries are **confined** to athletes that are members of clubs affiliated to the East Cork Athletics Division.